

SEPT

THE Heritage Place MENU

LUNCH

No Lunch Today



Mon. Sep 2

Beef Vegetable
~
Hawaiian Pizza
Garden Salad
~
Tuna Sandwich
Potato Chips
~
Chocolate Chip
Cookie

Tues. Sep 3

Cream of Carrot
~
Cinnamon Raisin
Toast
Hard Boiled Egg
Cheddar Cheese
Orange Wedges
~
Cod Nuggets
Coleslaw
~
Jell-o with Fruit

Wed. Sep 4

Minestrone
~
Breaded Chicken
Wings
Veggies and Dip
~
Pastrami Sandwich
Potato Salad
~
Vanilla Pudding

Thurs. Sep 5

Tomato Soup
~
Grill Cheese
Garden Salad
~
Cream Cheese
Bagel
Cucumber Slices
~
Peanut Butter
Cookie

Fri. Sep 6

Cream of Chicken
~
Turkey & Cheese
on a Kaiser
Coleslaw
~
Pancakes
Maple Syrup
Breakfast Sausage
~
Fruit Salad

Sat. Sep 7

No Lunch Today



Sun. Sep 8

DINNER

Fried Chicken
Mashed Potato
Cauliflower with
Cheese Sauce
~
Cabbage Rolls
Green Peas
~
Trifle

Chicken Pot Pie
Mashed Potatoes
Carrots
~
Oktoberfest
Sausage on a Bun
French Fries
Coleslaw
~
Lemon Meringue
Pie

CORN ROAST
In Auditorium

Hotdog or
Hamburger
Macaroni Salad
Corn on the Cob

Ice Cream Treat

Butter Chicken
Rice
Peppers & Onions
~
Tourtiere Pie
Mashed Potato
Squash
~
Chocolate Éclair

Taco Salad
(Shredded Lettuce,
cheddar cheese,
taco meat, salsa,
sour cream)
~
Crunchy Perch
Potato Wedges
Coleslaw
~
Caramel Cake

No Dinner Today



Roast Beef
Yorkshire Pudding
Horseradish
Mashed Potato
Mixed Vegetables
~
Deli Cold Plate
(Deli Meat, Bun,
Hardboiled Egg,
Potato Salad)
~
Strawberry
Shortcake

Please sign up for meals by 1:00 PM the day prior to the scheduled seating.

SEPT

THE Heritage Place MENU

| | Mon. Sep 9 | Tues. Sep 10 | Wed. Sep 11 | Thurs. Sep 12 | Fri. Sep 13 | Sat. Sep 14 | Sun. Sep 15 |
|--------|---|---|---|---|--|--|---|
| LUNCH | <p>No Lunch Today</p>  | Creamy Tomato ~ Pierogis Sour Cream Fried Onions & Bacon ~ Roast Beef and Swiss Melt Fries ~ Ice Cream Treat | Butternut Squash ~ Chicken Fingers Plum Sauce French Fries ~ Sushi (California Roll) Salad ~ Chocolate Mousse | Beef Barley ~ Cannelloni Sautéed Spinach and Onion ~ French Toast Peameal Bacon ~ Rice Pudding | Chicken Noodle ~ Captain (Fish) Burger Coleslaw ~ Hot Dog Fries ~ White Chocolate Macadamia Cookie | Cream of Potato ~ Canadian Pizza (Bacon, Mushroom, Pepperoni) Garden Salad ~ Assorted Sub Potato Chips ~ Black Forest Pudding | <p>No Lunch Today</p>  |
| DINNER | Cheese Burger Fries ~ Chicken Balls Sweet & Sour Sauce Fried Rice Broccoli ~ Hawaiian Cake | Beef Pot Pie Mashed Potato Green Beans ~ Western Frittata Garden Salad ~ Maple Sugar Cake | Shepherd's Pie Mixed Vegetables ~ Crusted Tortilla Tilapia Sweet Potato Fries Coleslaw ~ Apple Blossom | Chicken Teriyaki Roasted Potatoes Snap Peas ~ Macaroni & Cheese Garden Salad ~ Raspberry Turnover | Battered Cod Potato Wedges Coleslaw ~ Chicken Strips Greek Salad Pita Bread ~ Carrot Cake | <p>No Dinner Today</p>  | Roast Turkey Gravy/ Cranberry Sauce Stuffing Mashed Potato Carrots ~ Lobster Roll Sandwich (mayo, lobster meat) Garden Salad ~ Lemon Shortcake |

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SEPT

THE *Heritage Place* MENU

LUNCH

Mon. Sep 16

No Lunch Today



Tues. Sep 17

Roasted Tomato and Pepper
~
Egg Salad Sandwich
Pickled Beets
~
Sausage Rolls
Coleslaw
~
Butterscotch Pudding

Wed. Sep 18

Split Pea with Ham
~
Spanakopita (Pastry filled with spinach, ricotta and feta cheese)
Greek Salad
~
Beans & Weiners
Cheese Biscuit
~
Oatmeal Raisin Cookie

Thurs. Sep 19

Italian Wedding
~
Mixed Berry Waffles
Cottage Cheese
~
Quesadilla
Salsa & Sour Cream
Kernel Corn
~
Chocolate Chip
Banana Loaf

Fri. Sep 20

Cream of Mushroom
~
Pepperoni Pizza
Garden Salad
~
Tuna Melt
Cucumber & Red Onion Salad
~
Coconut Cream Pudding

Sat. Sep 21

Broccoli Cheddar
~
Chicken Burger
Fries
~
Roast Beef and Cheddar Sandwich
Coleslaw
~
Ginger Cookie

Sun. Sep 22

No Lunch Today



DINNER

Spaghetti with Meat Sauce
Caesar Salad
Garlic Bread
~
Chicken Cordon Bleu
Mashed Potatoes
Green Beans
~
Bread Pudding

Turkey Schnitzel
Cranberry Sauce
Mashed Potato
Mixed Vegetables
~
Spinach & Cheese Quiche
Garden Salad
~
Cheesecake

Meatball Sub
Italian Vegetables
~
Honey Garlic Sausage
Roasted Potatoes
Green Peas
~
Peach Cobbler

Ginger Beef
Rice
Stir Fry Vegetable
~
Turkey Pot Pie
Mashed Potatoes
Carrots
~
Chocolate Cake

Salmon with Dill Sauce
Mashed Potatoes
Carrots
~
Chicken Caesar Salad
Garlic Bread
~
Assorted Desserts

No Dinner Today





Sliced Ham
Scalloped Potatoes
Mixed Vegetables
~
Shrimp Creole
Rice
Green Peas
~
Apple Pie with Cheese

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SEPT




THE Heritage Place MENU

| | Mon. Sep 23 | Tues. Sep 24 | Wed. Sep 25 | Thurs. Sep 26 | Fri. Sep 27 | Sat. Sep 28 | Sun. Sept 29 |
|--------------|--|--|--|--|--|---|---|
| LUNCH | No Lunch Today  | Potato Bacon Soup ~ Ruben Sandwich Dill Pickle ~ Spinach Ravioli Broccoli ~ Double Chocolate Cookie | Turkey Rice ~ Chicken Nuggets Plum Sauce Fries ~ Bruschetta (Garlic Bread with cheese topped with diced tomato) Garden Salad ~ Lemon Pudding | Vegetable ~ Macaroni with Tomato & Beef Stewed Tomatoes ~ Cheese Dream (Melted Cheese, Green Onion, Bacon Bits) Garden Salad ~ Tapioca Pudding | Chicken Vegetable ~ Ham Salad Sandwich Garden Salad ~ Scrambled Eggs Toast with Jam Bacon ~ Macaroon | Cauliflower & Cheese ~ Chicken Caesar Wrap with Fries ~ Salmon Sandwich Potato Chips ~ Muffin | No Lunch Today  |
| | DINNER | French Onion Pork Chop Mashed Potatoes Asparagus ~ Breaded Pollock Potato Wedges Coleslaw ~ Apple Crisp | BBQ Riblet Sweet Potato Fries Green Beans ~ Taco Bake (Tortillas, Ground Beef, Cheddar Cheese, Salsa) Corn ~ Angel Food Cake & Berries | Chicken Thighs Mashed Potato Corn ~ Cod Loin Roasted Mini Potatoes Coleslaw ~ Ambrosia | Veal Parmesan Sandwich Italian Vegetables ~ Vegetable Lasagna Garden Salad ~ Maple Marble Cake | Sweet & Sour Pork Rice Stir-Fry Vegetables ~ Battered Haddock Potato Wedges Coleslaw ~ Ice Cream Cone | No Dinner Today  |

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SEPT

THE *Heritage Place* MENU

| | Mon. Sep 30 | Tues. Oct 1 | Wed. Oct 2 | Thurs. Oct 3 | Fri. Oct 4 | Sat. Oct 5 | Sun. Oct 6 |
|--------------|--|--|--|--|---|---|---|
| LUNCH | <p>No Lunch Today</p>  | Beef Vegetable ~ Hawaiian Pizza Garden Salad ~ Tuna Sandwich Potato Chips ~ Chocolate Chip Cookie | Cream of Carrot ~ Cinnamon Raisin Toast Hard Boiled Egg Cheddar Cheese Orange Wedges ~ Sausage and Egg Breakfast Sandwich Tomato Slices ~ Jell-o with Fruit | Minestrone ~ Breaded Chicken Wings Veggies and Dip ~ Pastrami Sandwich Potato Salad ~ Vanilla Pudding | Tomato Soup ~ Grill Cheese Garden Salad ~ Cream Cheese Bagel Cucumber Slices ~ Peanut Butter Cookie | Cream of Chicken ~ Turkey & Cheese on a Kaiser Coleslaw ~ Pancakes Maple Syrup Breakfast Sausage ~ Fruit Salad | <p>No Lunch Today</p>  |
| | DINNER | Fried Chicken Mashed Potato Cauliflower with Cheese Sauce ~ Cabbage Rolls Green Peas ~ Trifle | Chicken Pot Pie Mashed Potatoes Carrots ~ Oktoberfest Sausage on a Bun French Fries Coleslaw ~ Lemon Meringue Pie | Breaded Sole Sweet Potato Fries Parsnips ~ Honey Garlic Meatballs Egg Noodles Broccoli ~ Chocolate Eclair | Butter Chicken Rice Peppers & Onions ~ Tourtiere Pie Mashed Potato Squash ~ Caramel Cake | Taco Salad (Shredded Lettuce, cheddar cheese, taco meat, salsa, sour cream) ~ Crunchy Perch Potato Wedges Coleslaw ~ Apple Cinnamon Cake | <p>No Dinner Today</p>  |

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SEPT

THE *Heritage Place*

MENU

LUNCH

DINNER

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