Elston Unit- Convalescent Care

Recreation Facilitator- Nicole, Ext. 361 nbahlke@ioof.com

October 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Thanksgiving	9:00 Physio 1:00 Group Exercise	9:00 Physio 1:00 Group Exercise	9:00 Physio 10:00 Paraffin Wax 11:00 Tuck Cart	9:00 Physio 10:30 Bingo 1:00 Group Exercise	5
GHELLO OCTOBER 6	7	8	9	1:00 Group Exercise 10	11	12
	10:30 Pumpkin Spice Latte 1:00 Group Exercise	1:00 Group Exercise		9:00 Physio 10:00 Paraffin Wax 11:00 Tuck Cart 1:00 Group Exercise	9:00 Physio 10:30 Bingo 1:00 Group Exercise	12:00 In House Turkey Chilli Lunchnch
13	14	_	16			19
GOLDIE!	No PhysioToday		1:00 Group Exercise	9:00 Physio 10:00 Paraffin Wax 11:00 Tuck Cart 1:00 Group Exercise	8:00 In House Pancake Breakfast 9:00 Physio 1:00 Group Exercise	
20			23			26
	9:00 Physio 1:00 Group Exercise			9:00 Physio 1:00 Group Exercise	9:00 Physio 1:00 Group Exercise	
07	Nicole Away	Nicole Away	Nicole Away	Nicole Away	Nicole Away	
27	9:00 Physio 1:00 Group Exercise	9:00 Physio 1:00 Group Exercise	1:00 Group Exercise 6:00 Fancy Fingers	9:00 Physio 10:00 Paraffin Wax 11:00 Tuck Cart 1:00 Group Exercise	HAPPY	
\(\)	Nicole Away	Nicole Away		2:00 Halloween Party		

Location Codes: FL- Front Lobby AUD- Auditorium DTD- Door To Door GYM- Elston Gym TR- Therapy Room

All Programs Subject To Change