



APPOLLO SPA ROOM

The benefits of a staff assisted therapeutic bath can relax muscles, relieve sore joints and protect skin integrity. This weekly service is available within the Resident's support services package.

INTEGRATION OF PROGRAMS AND SERVICES

Residents of Heritage Place are welcome to participate in large group programming offered at the LTC Home. A walk across the connecting bridge brings these two groups of folks together.

BECOMING MORE ENVIRONMENTALLY FRIENDLY

Committed to conservation geothermal technology provides energy for the building's heating and air conditioning systems. Roof top solar panels have been installed to convert solar energy into electricity. A recycling program exists to reduce waste and lessen our carbon footprint. Energy efficient appliances are being phased in to all units as required.

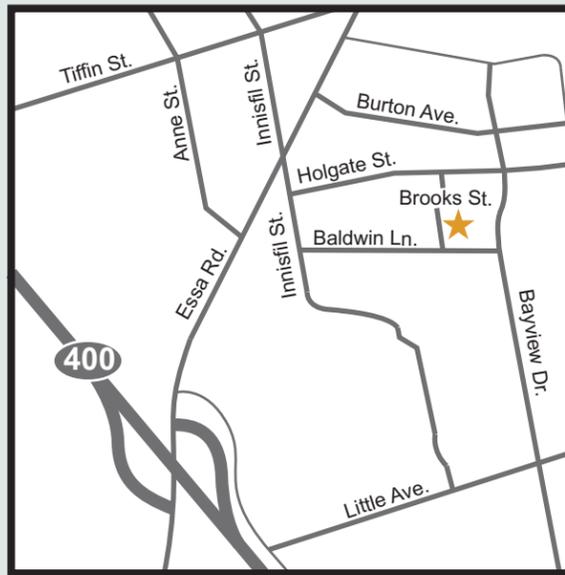
VOLUNTEER OPPORTUNITIES

Many Heritage Place Residents choose to stay involved by becoming volunteers. Meaningful placements are offered in the areas of fundraising, Last Minute Store, office help, friendly visits, meal time assistance, Resident care and more. The Residents' Housing Association who meet regularly to advocate for the Resident population is also an area for volunteering.



HERITAGE PLACE SUPPORTIVE HOUSING

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OUR OTHER LOCATIONS

The Odd Fellow and Rebekah Home

Long Term Care Facility
10 Brooks Street
Barrie, ON L4N 5L3

The Odd Fellow and Rebekah Manor

Affordable Apartments for Independent Seniors
10A Brooks Street
Barrie, ON L4N 5L3

The Terraces at Heritage Square

Life Lease Community for Active Seniors
90-94 Dean Avenue
Barrie, L4N 0M3

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HERITAGE PLACE

SUPPORTIVE HOUSING

Heritage Place is an 80 unit, barrier free, rental apartment building primarily for seniors 60+ who require assistance with the activities of daily living to maintain their independence. In addition to rental income, funding for Heritage Place is provided through the Ministry of Health and Long Term Care via the NSM LHIN and the Ministry of Municipal Affairs and Housing.

Located in beautiful old Allandale, Heritage Place is part of a continuum of care at the IOOF Seniors Homes at 20 Brooks Street in Barrie. The building is physically connected to the Odd Fellow and Rebekah LTC Home by an enclosed bridge which enables Residents to visit friends and loved ones residing at the Home without having to go outdoors.

Apartments accommodate single or double occupancy with two bedroom apartments exclusively accepting double occupancy at market rent. Fifty percent of the one bedroom apartments are eligible for rent geared to income for those seniors that qualify.

SAFETY AND SECURITY

Heritage Place is five storeys built of concrete and steel to maximize fire safety. With a full "Life Safety" system in place, apartments have wired in smoke detectors, fire alarms and sprinkler system. A generator provides emergency backup lighting for corridors and operates one elevator during power outages.

Heritage Place is a secure building requiring individual access cards to gain entry beyond the lobby. The building is staffed twenty four hours a day, seven days a week by support service workers.

APARTMENT FEATURES

Each apartment features a full kitchen complete with a full size refrigerator, countertop stove, and built in oven. Space allows for a small two seat dinette. The living room can accommodate a loveseat, two chairs, and a small entertainment unit. Bedrooms are roomy and have large double width closets for additional storage. With safety in mind, large bathrooms complete with an emergency response pull cord and grab bars provide easy accessibility. The spacious storage closet is ideal for linens and as a pantry. Washer and dryer hook ups are available within the bathrooms to accommodate a stackable unit. Each apartment has its own heat pump. Residents can adjust the temperature level for their heating and air conditioning comfort.



24 HOUR EMERGENCY RESPONSE

For enhanced Resident safety, Heritage Place maintains a wireless emergency response system which is mandatory for each Resident. This fee-per-month service includes a 'petite' pendant worn by the Resident which, when activated, transmits a signal to the staff should the Resident require emergency assistance. Receivers located throughout the interior of the building send a signal to pagers carried by staff. The pager indicates the location of the emergency. Support service staff are available 24/7 to respond to emergencies and assist Residents.

SUPPORT PACKAGE

Residents at Heritage Place pay for monthly rent and a basic support services package. This package includes a flexible meal plan (with a specified number of meals) and four hours of support services which comprise of a combination of housekeeping and laundry services, assistance with personal care and bathing, medication monitoring and shopping assistance. Packages are customized to meet each individual's need and can be enhanced with more services as a Resident "Ages In Place" and requires more assistance with their activities of daily living.

MEDICATION PROGRAM

Medications are delivered directly to Heritage Place by the contracted pharmacy. For ease of use, a blister card system allows Residents to direct their own care by providing visual cues to see if a medication has already been taken or if a dose has been missed.

SOCIAL AND CONGREGATE DINING

Residents can enjoy social dining in a congregate setting that offers opportunities for stimulation and socialization five days per week. Residents receive a specified number of lunches and dinners as part of their support services package. Additional meals may be purchased.

RECREATIONAL PROGRAMS

A wide variety of programs and outings are offered for Residents providing entertainment, education and socialization. Programs include bingo, movie nights, cooking lessons, games nights, and more. Residents also run their own social programs in the President's Lounge which boasts a large flat screen TV and fireplace. The Heritage Place auditorium offers space for larger programs, meetings and special events.

The IOOF Homes' bus and van are used for shopping, dining, banking and sight seeing trips throughout the year. There is a small 'pay per use' fee for the transportation program.



OTHER AMENITIES

Heritage Place contracts with a number of additional service providers such as physiotherapy, massage therapy, foot care, dental screening, and hairdressing.

Cozy **comfortable lounge areas** are located on each floor.

The **games room** lets Residents indulge in a friendly game of billiards or darts or play board and card games.

Large **walk out sun decks** are located off the fifth and fourth floor.

The **roof top green house** attracts horticultural enthusiasts who enjoy growing plants.

Furnished **outdoor areas and walking paths** encourage enjoyment of the beautifully landscaped grounds and our award winning gardens created by the Residents.

A **multi-faith sanctuary** offers a place for quiet reflection. Regular services are conducted. One-on-one religious visits are provided upon Resident request.

Exercise equipment is available for Residents to use in the fitness room on the main level. An initial orientation to the equipment is necessary to ensure safe use. Residents who obtain a referral from their physician are able to have physiotherapy provided in the adjacent therapy room.

The **library** offers a quiet space to enjoy reading or to borrow a few books. A computer station with internet access and a CNIB approved view finder are available for Residents' use.

Spacious **laundry rooms** equipped with high efficiency



The Last Minute Store is open 3 mornings a week and offers a variety of staple items. This very convenient store is operated by a dedicated team of volunteers