



Silver LINING



Fall/Winter 2015

BEST CARE FOR SENIORS CAMPAIGN

We hope you'll enjoy our Fall/Winter Edition of the Silver Lining Newsletter. Kindly share our stories widely with your friends and family, and anyone else interested in staying up-to-date on everyday life here at the IOOF Seniors Homes.

2015/16

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Doreen Saunders
Chief Executive Officer



The Young at Heart Ride started in 2006 with 8 riders and the hopes of community involvement and education toward the growing number of seniors in our community while showing appreciation for them in celebration of their lives and being “Young at Heart” no matter their age. On Saturday, August 22nd, 2015, we celebrated our 10th Ride Anniversary with 65 riders who enjoyed a sunny fun-filled day of a scenic poker run up to Big Chute with breakfast, lunch (at halfway mark), dinner and amazing prizes – all while helping raise over \$20,000 towards the IOOF Seniors Homes Inc. LTC Home Redevelopment fund in Barrie.

Through the generosity of our volunteers, donors and our many sponsors, the IOOF Seniors Homes is excited about planning next year's event! Stay tuned for information on how to participate, sponsor a rider or donate.

With your help our seniors will remain “Young at Heart”.

PLEASE GET THE FLU SHOT

The influenza is a serious illness that is caused by a virus. People experience a number of symptoms, including: *fever, muscle aches &/or extreme fatigue*. For some people it can lead to pneumonia, which can be even more serious. Some people, such as the elderly, those who are immuno-compromised and the very young can become very sick and may need hospital care. In Canada, seasonal influenza activity can begin as early as October and continue as late as May. Peak influenza season is in a 10 to 16 week period that usually starts in December. Between 10% and 20% of the population will get influenza each year.



Anyone can get influenza. If you have it, you can infect others a day before your own symptoms even appear. You're also contagious for up to 5 days after you show symptoms.

Symptoms usually start 1 to 4 days after exposure to the virus. In most adults, the influenza lasts 2-10 days. It may last longer for the elderly, children and people with chronic illnesses. You may have influenza if you experience: *fever, chills, cough, runny eyes, stuffy nose, sore throat, headache, muscle aches, extreme weakness and tiredness*.

Infection prevention and control (hand washing, sneezing or coughing into your sleeve and staying home when ill) is an essential part of care and getting the flu shot protects you and your family. An average 12,200 hospitalizations and approximately 3,500 deaths are attributed to influenza annually in Canada.

Please get the flu shot and protect yourself and everyone around you!

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MESSAGE FROM OUR CEO

Dear Friends,

As CEO of the IOOF Seniors Homes, it is with great pride that I ensure the day-to-day operations of the IOOF Seniors Homes are managed in a proficient and professional manner. It is also my responsibility to work with the Board of Directors, management and staff to improve the environments of our various facilities on an ongoing basis thus enhancing the lives of our Residents. The efforts we have made during my tenure over the last 14 years has ensured our Residents, staff, family members and volunteers enjoy a wonderful and pleasant place to live and work making the care we provide meet and exceed provincial standards.



Our priorities are clear; our targets are set for 2016, and we need your help. One of the most significant major capital projects is to complete 3 dining rooms for the "C" part of the Home that due to financial shortfalls, during the Phase I construction of the LTC Home in 2008, left them shelled in but incomplete. Each dining room when completed, at a minimum cost of \$700,000, will eliminate hall and elevator travel by our Residents and staff three times a day for meals in our main floor dining room. Waiting at the elevators 3 times a day can be up to 2 hours per day – time better used for programs, resident care, social time and rest.

To our generous and wonderful donors and sponsors, and our potential donors, I thank you. Your continued support is greatly valued and appreciated. Together we can make a difference.

Doreen Saunders
Doreen Saunders, CEO

FRIENDSHIP LOVE TRUTH Donation

On June 25th, 2015, The Friendship Love & Truth Charitable Foundation, presented the IOOF Seniors Homes with a cheque in the amount of \$10,000 to kick start the redevelopment of the much needed unfinished Dining Rooms in the LTC Home. Each dining room will cost at least \$700,000 to complete. Currently Residents must wait at the elevators 3 times per day to be transferred to our main floor dining room. This process can exceed 2 hours per day of Resident, staff and volunteer time. The generosity and commitment of the FLT Foundation and our Residents is greatly appreciated.



Pictured Left to Right: John Nichols, IOOF Homes Chair/President, Carol Rowe & Ethel Mercer representing the FLT Charitable Foundation and Doreen Saunders, IOOF Homes CEO

The Elston Foundation

Once again, the IOOF Homes was the gracious recipient of \$11,500, from The Elston Foundation to purchase eight more much needed height and depth adjustable dining room tables for one of the Dining Rooms located in the LTC Home.



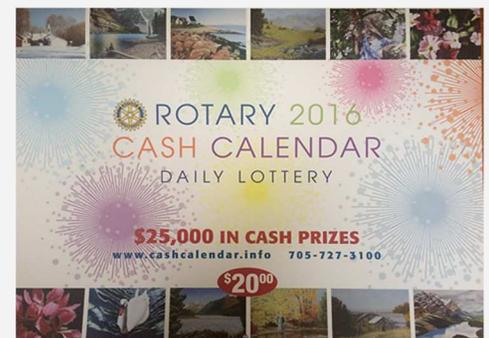
We are very grateful for the ongoing, long-time and generous support given to the IOOF Seniors Homes by Sally Elston and The Elston Charitable Foundation.

Rotary 2016 Cash Calendars NOW AVAILABLE!

COST: \$20.00 each

For every calendar sold the IOOF Seniors Homes will receive 25-50% from the Rotary Club of Barrie Huronia for the *Best Care for Seniors* Campaign.

Please call the Revenue Development Office at (705) 725-4610 to order your calendar today.
(Cash or Cheque only).





HOLIDAY GIFT CARD PROGRAM

IOOF Seniors Homes – Revenue Development
 20 Brooks Street | Barrie, ON L4N 7X2
 Phone: 705.728.2389 ext.315 | Fax: 705.728.8149 | svilas@ioof.com | www.ioof.com

Name: _____
 Address: _____
 City: _____ Province: ON Postal Code: _____
 Phone #: () _____

RETAIL PARTNER (COLUMN 'A')	CHARITY REBATE	CARD VALUES	QUANTITY	TOTAL COST
GROCERY STORES				
Loblaws – NoFrills – Fortinos – Real Canadian Superstore – Real Canadian Wholesale – Zehrs	4%	\$25	x	\$
		\$50	x	\$
		\$100	x	\$
Metro - Food Basics	3.5%	\$25	x	\$
		\$50	x	\$
		\$100	x	\$
M&M Meats	5%	\$25	x	\$
Sobeys – Price Chopper – FreshCo. – Foodland	4%	\$25	x	\$
		\$50	x	\$
		\$100	x	\$
RESTAURANTS				
Applebee's Grill & Bar	10%	\$25	x	\$
Boston Pizza	5%	\$25	x	\$
		\$50	x	\$
Domino's Pizza	7%	\$25	x	\$
The Keg Steakhouse & Bar	8%	\$25	x	\$
		\$50	x	\$
		\$100	x	\$
Kelsey's – Montana's – Harvey's – Swiss Chalet – Milestone's – East Side Mario's	5%	\$25	x	\$
		\$50	x	\$
		\$100	x	\$
Moxie's Classic Grill	10%	\$25	x	\$
Red Lobster	7%	\$25	x	\$
Jack Astor's	8%	\$25	x	\$
Starbucks	5%	\$25	x	\$
Subway	4%	\$25	x	\$
Tim Hortons	4%	\$10	x	\$
		\$25	x	\$
Wendy's Restaurants	3%	\$25	x	\$
GAS STATIONS				
Esso	2%	\$25	x	\$
		\$50	x	\$
Petro-Canada	2%	\$25	x	\$
		\$50	x	\$
Shell Canada	2%	\$25	x	\$
		\$50	x	\$
Column 'A' Sub-Total:				\$

RETAIL PARTNER (COLUMN 'B')	CHARITY REBATE	CARD VALUES	QUANTITY	TOTAL COST
RETAILERS				
American Eagle Outfitters – Aerie	5%	\$25	x	\$
Bath & Body Works	7%	\$25	x	\$
Best Buy	2%	\$25	x	\$
		\$100	x	\$
Bradford Greenhouses	3.5%	\$25	x	\$
Chapters – Coles – Indigo	5%	\$10	x	\$
		\$25	x	\$
Galaxy Cinemas – Cineplex – Famous Players – Silver City – Colossus	4%	\$10	x	\$
		\$25	x	\$
GAP – Old Navy – Banana Republic	7%	\$25	x	\$
Giant Tiger	3.5%	\$25	x	\$
HBC – The Bay – Home Outfitters	3.5%	\$25	x	\$
		\$50	x	\$
		\$25	x	\$
Home Depot	2%	\$05	x	\$
		\$100	x	\$
Home Hardware	4%	\$25	x	\$
		\$100	x	\$
Lowe's Companies Canada	2%	\$25	x	\$
		\$100	x	\$
Mark's Work Warehouse	7%	\$25	x	\$
		\$50	x	\$
Pier 1 Imports	5%	\$25	x	\$
		\$25	x	\$
Rona	3%	\$50	x	\$
		\$100	x	\$
Sears Canada – Sears Home Service – Sears Specialty Services	3%	\$25	x	\$
		\$50	x	\$
Shoppers Drug Mart	3%	\$25	x	\$
		\$50	x	\$
SportChek	3%	\$25	x	\$
Staples Business Depot	3%	\$25	x	\$
Wal-Mart	1%	\$25	x	\$
		\$50	x	\$
Winners – HomeSense - Marshalls	8%	\$25	x	\$
		\$50	x	\$
Column 'B' Sub-Total:				\$
Column 'A' + 'B' TOTAL:				\$

PAYMENT INFORMATION Please make Cheques payable to the IOOF Seniors Homes Inc. – Gift Card

Visa MasterCard Cheque Debit Cash

Credit Card # _____ Expiry Date: _____ CVV: _____

Cardholder's Name: _____ Signature: _____

ALL ORDERS ARE DUE BY: Friday, November 20th, 2015
PICK-UP: Week of December 1st, 2015

Contact us at the
IOOF SENIORS HOMES INC.

(705) 728-2389

www.ioof.com

**Long-Term Care
Odd Fellow & Rebekah Home**

10 Brooks Street
Barrie, ON L4N 5L3

Convalescent Care

Elston Unit at

Odd Fellow & Rebekah Home

10 Brooks Street
Barrie, ON L4N 5L3

Assisted Living

Heritage Place

20 Brooks Street
Barrie, ON L4N 7X2

Rental Apartments

Odd Fellow & Rebekah Manor

10A Brooks Street
Barrie, ON L4N 5L3

Life Lease Suites

The Terraces at Heritage

Square

92 Dean Avenue
Barrie, ON L4N 0M3

PAN AM GAMES

Innisfil was part of the route of the 41-day journey of the Toronto 2015 Pan Am Games Torch Relay. The torch began its journey when the Pan Am flame was lit during a traditional Aztec lighting ceremony at the Pyramid of the Sun in Teotihuacan, Mexico, before landing in Canada on May 30th, 2015.

More than 130 Ontario communities had the honour of hosting the flame during community celebrations. On Thursday, June 11th, 2015, the Pan Am Torch was passed to and carried by Travis Durham, Director of Support Services here at the IOOF Seniors Homes, where he proudly ran representing our communities. The torch relay finished in Toronto on July 10th, 2015, to light the cauldron at the Opening Ceremony.



Pictured are IOOF Senior Homes Management team supporting Travis Durham during his torch run on Innisfil Beach Road.

Remember that you are always welcome, as a group or individually, to tour the IOOF Homes.

We are very proud of our history and are happy to share our story.

Please contact us at (705) 728-2389 to book a tour.

BINGO VOLUNTEERS WANTED

Are you looking for something to do that doesn't take a lot of your time? Well, we can help! The IOOF Seniors Homes is part of the community BINGO program and receives about \$10,000 annually by volunteering. Being a volunteer requires your help for a two hour shift only four times a year. That's ONE time every 3 months! The shifts are always 3-5pm on a Sunday and we will provide you with a uniform shirt with logo to identify you as our Volunteer.

Please contact the Revenue Development Office at 705.725.4610 or e-mail svilas@ioof.com if you are interested or require additional information.

Tree of Life - Commemorative Wall

The Commemorative Wall at Heritage Place is a beautiful and timeless way to remember cherished loved ones and mark important milestones.

By making a gift in support of our highest priority, the 'Best Care for Seniors Campaign', a permanent plaque with your personal inscription can be placed on the Tree of Life.

For more information, please call 416.725.4610 or e-mail svilas@ioof.com

YES I WANT TO HELP...

Enclosed is my gift of \$ _____

Donor Name _____

Address _____

City _____ Province _____ Postal Code _____

Phone # _____ E-mail _____

Payment Information:

Cheque Enclosed Bill my Credit Card Master Card Visa

Please make your cheque payable to the IOOF SENIORS HOMES INC.

Credit Card Number _____

Card Holder's Name _____

Signature _____

CVV# _____ Expiry Date _____

For Tribute Donations: In Memory of In Honour of

NAME _____

Send Acknowledgement Card to:

Name _____

Address _____

City _____ Province _____ Postal Code _____



IOOF Seniors Homes Inc.
Revenue Development Office
20 Brooks Street
Barrie, ON L4N 7X2
705-725-4610

Charitable Registration #10252 6415 RR0001