

# APR

# THE Heritage Place MENU


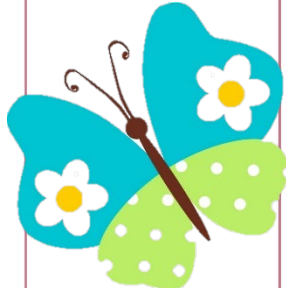

	Mon. Apr 1	Tues. Apr 2	Wed. Apr 3	Thurs. Apr 4	Fri. Apr 5	Sat. Apr 6	Sun. Apr 7
LUNCH	<p><b>No Lunch Today</b></p> 	<p>Roasted Tomato and Pepper ~ Egg Salad Sandwich Pickled Beets ~ Pollock Nuggets Coleslaw ~ Butterscotch Pudding</p>	<p>Split Pea with Ham ~ Spanakopita (Pastry filled with spinach, ricotta and feta cheese) Greek Salad ~ Cheese Tortellini Creamy Tomato Sauce Broccoli ~ Oatmeal Raisin Cookie</p>	<p>Italian Wedding ~ Mixed Berry Waffles Cottage Cheese ~ Quesadilla Salsa &amp; Sour Cream Kernel Corn ~ Fruit Danish</p>	<p>Cream of Mushroom ~ Jamaican Patty Garden Salad ~ Tuna Melt Cucumber &amp; Red Onion Salad ~ Coconut Cream Pudding</p>	<p>Broccoli Cheddar ~ Chicken Burger Fries ~ Roast Beef and Cheddar on Rye Coleslaw ~ Apple Fritter</p>	<p><b>No Lunch Today</b></p> 
	DINNER	<p>Homemade Lasagna Garlic Bread Caesar Salad ~ Chicken Cordon Bleu Roasted Potatoes Wax Beans ~ Bread Pudding</p>	<p>Turkey Schnitzel Cranberry Sauce Mashed Potato Mixed Vegetables ~ Spinach &amp; Cheese Quiche Garden Salad ~ Cheesecake</p>	<p>Ginger Beef Rice Stir Fry Vegetables ~ Ham &amp; Potato Casserole Corn Bread ~ Banana Parfait</p>	<p>Turkey Pot Pie Mashed Potatoes Carrots ~ Veal Parmesan Sandwich with Cheese Caesar Salad ~ Chocolate Cake</p>	<p>Salmon with Dill Sauce Mashed Potatoes Carrots ~ Chicken Breast in Cream Sauce Boiled Potatoes Broccoli ~ Assorted Desserts</p>	<p><b>No Dinner Today</b></p> 

Please sign up for meals by 1:00 PM the day prior to the scheduled seating.

# APR

# THE Heritage Place




# MENU

	Mon. Apr 8	Tues. Apr 9	Wed. Apr 10	Thurs. Apr 11	Fri. Apr 12	Sat. Apr 13	Sun. Apr 14
LUNCH	<p><b>No Lunch Today</b></p> 	<p>Potato Bacon ~ Ruben Sandwich Dill Pickle ~ Spinach Ravioli Broccoli ~ Strawberry Mousse</p>	<p>Turkey Rice ~ Chicken Nuggets Plum Sauce Fries ~ Bruschetta (Garlic Bread with cheese topped with diced tomato) Garden Salad ~ Double Chocolate Cookie</p>	<p>Vegetable ~ Macaroni with Tomato &amp; Beef Broccoli ~ Cheese Dream (Melted Cheese, Green Onion, Bacon Bits) Garden Salad ~ Tapioca Pudding</p>	<p>Cream of Asparagus ~ Turkey &amp; Cheese Wrap ~ Cauliflower &amp; Broccoli with Dip ~ Scrambled Eggs Toast with Jam Bacon ~ Macaroon</p>	<p>Cauliflower &amp; Cheese ~ Chicken Caesar Wrap with Fries ~ Salmon Sandwich Potato Chips ~ Muffin</p>	<p><b>No Lunch Today</b></p> 
DINNER	<p>French Onion Pork Chop Mashed Potato Asparagus ~ Citrus Tilapia Potato Wedges Green Peas ~ Apple Crumble Pie</p>	<p>BBQ Riblet Sweet Potato Mash Green Beans ~ Beef Chili Garlic Bread ~ Cherry Cake</p>	<p>Chicken Thighs Mashed Potato Corn ~ Cod Loin Roasted Mini Potatoes Coleslaw ~ Triple Berry Square</p>	<p>Turkey Casserole (Diced Turkey, Cranberry Sauce, Stuffing topped with Mashed Potato) Carrots ~ Vegetable Lasagna Garden Salad ~ Buttertart</p>	<p>Hot Hamburger Mashed Potato Mixed Vegetables ~ Battered Haddock Potato Wedges Coleslaw ~ Brownie</p>	<p><b>No Dinner Today</b></p> 	<p>Cottage Roll with Mustard Sauce Baked Potato Sour Cream Broccoli with Cheese Sauce ~ Seafood Melody Sauteed in Garlic Butter Sauce Rice Green Peas ~ Lemon Blueberry Cake</p>

Please sign up for meals by 1:00 PM the day prior to the scheduled seating.

# APR

# THE Heritage Place MENU

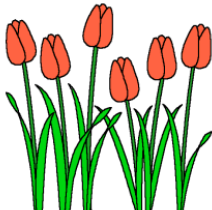

	Mon. Apr 15	Tues. Apr 16	Wed. Apr 17	Thurs. Apr 18	Fri. Apr 19	Sat. Apr 20	Sun. Apr 21
LUNCH	<p>No Lunch Today</p> 	<p>Beef Vegetable ~ Hawaiian Pizza Garden Salad ~ Tuna Sandwich Cucumber Slices ~ Banana Pudding</p>	<p>Tomato Soup ~ Grilled Cheese Garden Salad ~ Sausage &amp; Egg Breakfast Sandwich Tomato Slices ~ Chocolate Chip Cookie</p>	<p>Minestrone ~ Breaded Chicken Wings Veggies and Dip ~ Pastrami Sandwich Potato Salad ~ Jell-o &amp; Whipped Topping</p>	<p>Cream of Carrot ~ Parmesan Leek Pastry Garden Salad ~ Cream Cheese Bagel Vegetable Salad ~ Peanut Butter Cookie</p>	<p>Cream of Chicken ~ Turkey &amp; Cheese on a Kaiser Coleslaw ~ Pancakes Maple Syrup Breakfast Sausage ~ Mini Dessert Tart</p>	<p>No Lunch Today</p> 
DINNER	<p>Fried Chicken Mashed Potato Cauliflower with Cheese Sauce ~ Parmesan Salmon Roasted Potatoes Carrots ~ Raspberry Orange Trifle</p>	<p>Chicken Pot Pie Mashed Potatoes Green Peas ~ Oktoberfest Sausage on a Bun French Fries Coleslaw ~ Boston Cream cake</p>	<p>Sweet &amp; Sour Pork Peppers &amp; Onions Naan Bread ~ Meatball Sub (tomato sauce and mozzarella cheese) ~ Baklava</p>	<p>Butter Chicken Rice Peppers &amp; Onions Naan Bread ~ Tourtiere Pie Mashed Potato Squash ~ Chocolate Éclair</p>	<p>Beef Hamburger Stroganoff Egg Noodles Carrots ~ Crunchy Perch Potato Wedges Coleslaw ~ Lemon Buttermilk Cake</p>	<p>No Dinner Today</p> 	<p>Sliced Ham Scalloped Potatoes Mixed Vegetables ~ Shrimp Creole Rice Green Peas ~ Strawberry Rhubarb Pie</p>

Please sign up for meals by 1:00 PM the day prior to the scheduled seating.



# APR

# THE Heritage Place MENU

	Mon. Apr 22	Tues. Apr 23	Wed. Apr 24	Thurs. Apr 25	Fri. Apr 26	Sat. Apr 27	Sun. Apr 28
LUNCH	<p><b>No Lunch Today</b></p> 	Vegetable Split Pea ~ Pierogis Sour Cream Fried Onions & Bacon ~ Roast Beef and Swiss Melt Fries ~ Ice Cream Treat	Butternut Squash ~ Chicken Fingers Plum Sauce French Fries ~ Sushi (California Roll) Salad ~ Chocolate Mousse	Beef Barley ~ Cannelloni Sautéed Spinach and Onion ~ French Toast Bake Peameal Bacon ~ Rice Pudding	Chicken Noodle ~ Captain (Fish) Burger Fries ~ Hot Dog Fries ~ White Chocolate Macadamia Cookie	Cream of Potato ~ Canadian Pizza (Bacon, Mushroom, Pepperoni) Garden Salad ~ Assorted Sub Potato Chips ~ Black Forest Pudding	<p><b>No Lunch Today</b></p> 
DINNER	Cheese Burger Fries ~ Chicken Balls Sweet & Sour Sauce Fried Rice Broccoli ~ Lemon Shortcake	Orange Glazed Meatballs Egg Noodles Broccoli ~ Sausage & Pepper Frittata Garden Salad ~ Maple Sugar Cake	Shepherd's Pie Mixed Vegetables ~ Crusted Tortilla Tilapia Sweet Potato Fries Coleslaw ~ Chocolate Mint Pie	Chicken Teriyaki Rice Snap Peas ~ Macaroni & Cheese Broccoli ~ Raspberry Turnover	Battered Cod Potato Wedges Pineapple Coleslaw ~ Beef Pot Pie Mashed Potato Green Beans ~ Hawaiian Cake	<p><b>No Dinner Today</b></p> 	Roast Pork Baked Potato Sour Cream Prince Edward Vegetable Blend ~ Crab Cakes Dipping Sauce Coleslaw Baked Potato Sour Cream ~ Cherry Pie

Please sign up for meals by 1:00 PM the day prior to the scheduled seating.

# APR

# THE Heritage Place MENU

	Mon. Apr 29	Tues. Apr 30	Wed. May 1	Thurs. May 2	Fri. May 3	Sat. May 4	Sun. May 5
LUNCH	<p><b>No Lunch Today</b></p> 	<p>Roasted Tomato and Pepper ~ Egg Salad Sandwich Pickled Beets ~ Pollock Nuggets Coleslaw ~ Butterscotch Pudding</p>	<p>Split Pea with Ham ~ Spanakopita (Pastry filled with spinach, ricotta and feta cheese) Greek Salad ~ Beans &amp; Weiners Cheese Biscuit ~ Oatmeal Raisin Cookie</p>	<p>Italian Wedding ~ Mixed Berry Waffles Cottage Cheese ~ Quesadilla Salsa &amp; Sour Cream Kernel Corn ~ Lemon Loaf</p>	<p>Cream of Mushroom ~ Pepperoni Pizza Garden Salad ~ Tuna Melt Cucumber &amp; Red Onion Salad ~ Coconut Cream Pudding</p>	<p>Broccoli Cheddar ~ Chicken Burger Fries ~ Roast Beef and Cheddar on Rye Coleslaw ~ Apple Fritter</p> 	<p><b>No Lunch Today</b></p>
DINNER	<p>Spaghetti with Meat Sauce Caesar Salad Garlic Bread ~ Breaded Sole Sweet Potato Fries Parsnips ~ Vanilla Cake</p>	<p>Turkey Schnitzel Cranberry Sauce Mashed Potato Mixed Vegetables ~ Spinach &amp; Cheese Quiche Garden Salad ~ Cheesecake</p>	<p>Beef Rigatoni (pasta in a creamy sauce with Peppers &amp; Mushrooms) Garlic Bread ~ Ham &amp; Potato Casserole Corn Bread ~ Chocolate Cake</p>	<p>Ginger Beef Rice Stir Fry Vegetable ~ Turkey Pot Pie Mashed Potatoes Carrots ~ Buttertart</p>	<p>Salmon with Dill Sauce Mashed Potatoes Carrots ~ Chicken Breast in Cream Sauce Boiled Potatoes Broccoli ~ Assorted Desserts</p>	<p><b>No Dinner Today</b></p> 	<p>Roast Beef Yorkshire Pudding Horseradish Mashed Potato Broccoli &amp; Cauliflower ~ Deli Cold Plate Deli Meat Hardboiled Egg Bun Potato Salad ~ Peach Pie</p>

Please sign up for meals by 1:00 PM the day prior to the scheduled seating.